Abstract

ABDOMINOPLASTY ON OVERWEIGHT AND OBESITY: SOME COMMENTS

Tuan A. Nguyen MD, PhD.

Department of Plastic and Cosmetic Surgery,

Ho Chi Minh City Medicine and Pharmacy University

Overweight and Obesity are medical conditions in which excess body fat has accumulated in the body. This accumulated fat has a bad effect on health, life and cosmetic features of patients. The main aims of Abdominoplasty (tummy tuck) on overweight and obese patients helps improve not only cosmetic features, but also their life, mind and health. Overweight and obese people normally have many internal diseases: diabetes, heart disease, asthma, arthrosis…especially, increased risks in surgery. The procedure involves general anesthesia and is a big medical intervention so there needs to be a scrupulous plan before, during and after procedure. The matters needed to be done are: a plan of exercise, diet, stabilize internal diseases…

Author reports case series of abdominoplasty for overweight and obese patients, at Ho Chi Minh City University Medical Center, with follow up time being 4 weeks at minimum, whereby draws some comments about these clinical cases.