WELCOME FROM THE CONVENOR

On behalf of the organising committee, I am pleased and excited to invite you to the 75th National Scientific Congress (NSC) of the Australian Society of Anaesthetists. The congress is being held in the impressive Melbourne Convention and Exhibition Centre on the Southbank of the Yarra River, right in the heart of Melbourne from Saturday 17 to Tuesday 20 September 2016.

We have an excellent scientific program planned including refresher courses, lectures, input from the Special Interest Groups, research and poster sessions, workshops and small group discussion activities. There will be an opportunity for the Exhibitors to run industry-supported lunch time sessions as well.

Professor Colin Royse has designed a stimulating program involving our invited speakers: Mrs Carolyn Canfield (Canada’s 2014 patient safety champion) an expert in patient advocacy and also our Kester Brown Lecturer, Adjunct A/Professor David Canty from the Royal Melbourne Hospital is our Australian visitor and an expert in point of care echocardiography; Professor Olle Ljungqvist Professor of Surgery at Örebro University Hospital Chairman of the ERAS Society and an expert in Enhanced Recovery after Surgery; and Professor Stanton Newman, Dean School of Health Sciences at City University in London, an expert on the impact of surgery and other treatments on the brain.

To compliment the high calibre scientific program that we have come to expect from the NSC, there will be prestigious and entertaining social functions presented against the backdrop of Melbourne, one of the world’s most liveable cities. Included in the social program will be a family orientated cocktail party at the Australian Centre for the Moving Image on Saturday and the Exhibitor function for delegates on Sunday. Both evenings will give delegates a chance to mingle, and with time afterwards to allow a night of further dining at one of the many nearby restaurants and bars. Keep tuned to the NSC website to find the latest details of restaurants and entertainment precincts in Melbourne.

The Gala Dinner on Monday night will be held at Melbourne Park, one of the world’s most important tennis venues and banquet areas. It will have a diamond theme to celebrate the 75th Diamond Jubilee since the 1st ASA Scientific Meeting in 1935 (also held in Melbourne).

We have a great committee of extremely experienced members who have been extensively involved in education and conference organisation during their careers in anaesthesia. These include our Scientific Convenor Professor Colin Royse, the convenor from the 2010 meeting Dr Renald Portelli, and the convenor from the 2003 meeting in Melbourne Dr Mark Sandford, along with other members who were on these committees plus some talented new additions. We are ably supported by International Conference and Events (ICE) and the team at ASA head office in Sydney.

Spring in Melbourne is a lovely time to visit, with lots of extra activities to encourage you to come earlier or stay longer and enjoy what our city has to offer. And of course it’s a great place for a family holiday. I look forward to meeting many of you in Melbourne and encourage you to commit to coming to Melbourne, where we are sure to have an exciting and interesting educational meeting.

Simon Reilly
NSC 2016 Convenor
SATELLITE MEETINGS AND WORKSHOPS

FRIDAY 16 SEPTEMBER

Satellite Meetings

09:00-17:00 Welfare of Anaesthetists SIG Satellite Meeting | Be your best self
MCEC - Clarendon Room
Chair: Dr Kushlani Stevenson

09:00-17:00 4th Annual Overseas Trained Specialist Anaesthetists (OTSAN) Meeting
MCEC - Room 207
Chair: Dr Sanjay Sharma

09:00-17:00 Perioperative Surgical Home Australia: Enhanced Recovery After Surgery (ERAS) and Advanced
Peter MacCallum Cancer Centre
Haemodynamic Monitoring for Goal Directed Therapy
Chair: Professor Bernhard Riedel

Workshops *

Epworth | Simulator Session 1 Epworth | Simulator Session 2 St Vincent’s Session 1 St Vincent’s Session 2
09:00-10:30 Obstetric ALS 09:00-12:30 Paediatric ALS 08:30-12:00 Major Haemorrhage & Obstetric Emergencies 08:30-12:00 Anaphylaxis & Malignant Hyperthermia
11:00-12:30 Obstetric ALS 13:00-16:30 Paediatric ALS 13:00-16:30 Adult ALS 09:00-10:30 Obstetric ALS 11:00-12:30 Obstetric ALS
13:00-16:30 Adult ALS 13:00-16:30 Paediatric ALS 11:00-12:30 Obstetric ALS 13:00-16:30 Paediatric ALS 13:30-17:00 Major Haemorrhage & Obstetric Emergencies 13:30-17:00 Anaphylaxis & Malignant Hyperthermia

* Please note different start times for Epworth & St Vincent’s morning sessions

16:00 - 19:00 REGISTRATION DESK OPEN – MELBOURNE CONVENTION AND EXHIBITION CENTRE

Welfare of Anaesthetists SIG meeting – Satellite meeting to the ASA NSC 2016

September 16, 2016
Melbourne Convention and Exhibition Centre, Victoria

Join the Welfare of Anaesthetists SIG in an exploration of the relationship between wellness and performance and accept the challenge to “be your best self”. Plenary addresses from the Honourable Jeff Kennett, former Premier of Victoria and Founder and Chairman of beyondblue and Dr Kym Jenkins, Medical Director of the Victorian Doctors’ Health Program.

A series of afternoon workshops including the Process Communication Model, optimising diet and exercise options, mindfulness strategies and peer support methods are included.

Further information at events@anzca.edu.au or www.anzca.edu.au/fellows/special-interest-groups/welfare-of-anaesthetists/introduction.html

INVITED SPEAKERS

MRS CAROLYN CANFIELD

Carolyn Canfield is an independent citizen-patient who collaborates internationally with clinicians, patients, managers, researchers and educators to embed the patient voice in improvement processes. Patient expertise can drive creativity and sustain system-scale transformation to meet the aspirations of both clients and practitioners for care excellence. The unexpected death of her husband in 2008, following care failures after successful surgery, challenged her to comprehend how skilled and dedicated healthcare workers could fail a patient, and then be terribly harmed themselves by the very system in which they worked. She dedicates her passion to countering burnout and harm across the full spectrum of healthcare. Carolyn was recognised as Canada’s inaugural individual Patient Safety Champion in 2014. She is an honorary lecturer in the Faculty of Medicine at the University of British Columbia in Vancouver.

ADJUNCT ASSOCIATE PROFESSOR DAVID CANTY

Adjunct A/Professor David Canty is an anaesthetist and Director of Simulation and senior lecturer for the Ultrasound Education Group, Department of Surgery, University of Melbourne, where he researches and teaches a wide range of ultrasound techniques, with a particular interest in echocardiography. In his PhD he pioneered the benefits of transthoracic echocardiography in perioperative medicine, leading to a growing body of publications, grants and expanding research program in Australia and internationally. Current research aims to answer whether it benefits patient outcome, whether it is cost-effective and whether simulators are the answer to teach every doctor this valuable bedside skill. David is a member of the ACE Cardiothoracic, Vascular and Perfusion special interest group and holds editorial positions on several anaesthesia journals.

PROFESSOR OLLE LJUNGQVIST

Professor Olle Ljungqvist received his medical degree and obtained his PhD on glucose metabolism in hemorrhage while at the Karolinska Institutet in Sweden. He completed his residency and held several clinical positions in gastrointestinal surgery at the Karolinska Hospital and was appointed Professor of Surgery, Nutrition and Metabolism in 2005 at the Karolinska Institutet. He chaired the Center for Gastrointestinal Disease at Ersta Hospital, Stockholm, between 1999 and 2008, before taking up his current position as Professor of Surgery at Örebro University in 2009. Dr Ljungqvist has served as Chair of the European Society for Clinical Nutrition and the International Association for Surgical Metabolism and Nutrition, as part of the International Surgical Society. He co-founded the Enhanced Recovery After Surgery (ERAS) Society in 2010. He proposed the use of preoperative carbohydrates instead of overnight fasting for elective surgery and has been active in research in surgical stress, metabolism and nutrition and outcomes focusing on ERAS, publishing more than 200 original contributions and reviews.

PROFESSOR STANTON NEWMAN

Professor Stanton Newman is Professor of Health Psychology and Dean of the School of Health Sciences at City University London. He has published over 350 research papers and chapters as well as 18 books. One of his areas of specialisation is the impact of surgery and anaesthesia on the brain. He has developed tools to assess cognition before and after surgery and anaesthesia and examined the methodological issues in establishing post-operative cognitive deficits. In his work, he has systematically examined patients’ views about surgery and its effect on their cognition, as well as the equipment used and the techniques of anaesthesia and surgery to improve outcomes for patients. More recently, he has been involved in the development of the Postoperative Quality of Recovery Scale, an easy to use tool to assess multiple aspects of recovery from surgery.

“Be your best self”
PROGRAM – SATURDAY 17 SEPTEMBER

07:00-17:30 REGISTRATION DESK OPEN – MELBOURNE CONVENTION CENTRE

08:30-17:30 PLENARY ROOM 1

Chair: Dr Usha Padmanabhan

Refresher: Perioperative Medicine

Managing the cardiac patient for non-cardiac surgery
Dr Phillipa Kupar

Understanding the ERAS methods
Prof. Mike Scott

What surgical complications should the anaesthetist know about?
Prof. Ole Lyngqvist

Prehabilitation - What is it and how do we implement it?
Dr Hilmn Ismail

08:30-10:30

ROOM 203

Chair: Dr Peter Seal

08:30-09:00

Advances in airway management
Dr Keat Lee

09:00-10:00

Neuromuscular block monitoring
Dr Paul Stewart

Perioperative pain management for open abdominal surgery
A/Prof. Peter Hebbard

10:30-11:00

MORNING TEA | Served in Exhibition Hall | Melbourne 1 & 2

11:00-13:30 PLENARY ROOM 1

Chair: Dr Roberta Deam

Refresher: Perioperative Medicine - Fluid and Blood

Neuromus-anaesthesia Update
Dr Dean Cowie

Paediatric Anaesthesia Refresher
Dr Anna Ealing

Cancer Anaesthesia - Update on the state of play
Professor Bernhard Riedel

Updates in perioperative fluids and analgesia for paediatric surgery
Dr Mark Alcock

11:00-12:00

ROOM 203

Chair: Prof Alistair Royse

Refresher: Perioperative Medicine - Fluid and Blood

Pro-Con 1: Dry as the desert or wet as the aquatic centre
Pro (Dry): Prof. Mike Scott
Con (Wet): Prof. David Story

Pro-Con 2: Transfusion trigger 7.0 - should we reconsider?
No: Prof. Alister Royse
Yes: Prof. David A Scott

12:15-13:15

ROOM 218

Prof. Crispin Wan

Facial nerve injuries

Your patient has severe pulmonary hypertension
Dr John Leydon

Anesthesia for pericardal tamponade
Dr Shashi Manikappa

Anesthesia for cardiologic procedures
Dr Chris Ashley

Anesthesia options following thoracic surgery
Dr Desmond McGlade

13:30-14:30

ROOM 203

Chair: Prof Alistair Royse

Lunchtime Educational Session

Prof. Stanton Sherman

Sponsored by Life HealthCare

14:00-16:30

ROOM 218

Small Group Discussions 17 | 18 | 19 | 20

FUSE TTE and Vascular Access Practice

14:45-15:00

PLENARY ROOM 1

Opening Ceremony | Chair: Dr Guy Christie-Taylor, ASA President

Welcome: Dr Guy Christie-Taylor, Dr Simon Reilly and Prof. Colin Royse

15:00-16:00

PLENARY ROOM 1

Plenary | Chair: Dr Guy Christie-Taylor, ASA President

Kester Brown Lectures | Can the patient lead the perioperative team? | Ms Carolyn Canfield

What happened before is now history | Dr Kester Brown

16:00-16:45

PLENARY ROOM 1

Plenary | Chair: Dr Guy Christie-Taylor, ASA President

Plenary | Clinical US from 3D TOE to bedside echo: How is the world changing? | Prof. Stanton Sherman

18:00-21:00

ASA Social Evening | Australian Centre for the Moving Image (ACMI)
07:00-17:30  REGISTRATION DESK OPEN – MELBOURNE CONVENTION CENTRE

08:30-09:30  PLENARY ROOM 1  Chair: Prof. David A Scott, ANZCA President
Plenary: ERAS - a metabolic journey | Prof. Olle Ljungqvist

09:30-10:30  PLENARY ROOM 1  Chair: Dr Guy Christia-Taylor, ASA President
Plenary: Cognitive recovery after surgery - the elephant in the room | Prof. Stanton Newman

10:30-11:00  MORNING TEA | Served in the Exhibition Hall | Melbourne Rooms 1 & 2

11:00-13:00  PLENARY ROOM 1  Chair: Dr Simon Reilly
Perioperative Medicine
- Endovascular Aortic Anurysm Repair | Dr Bryan Lasheenky
- Cancer Anaesthesia - an update on the impact of perioperative adjuncts | Dr Jonathan Hiller
- Optimal feeding in the perioperative period for different operations | Prof. Olle Ljungqvist
- Rationale approach to antibiotic prophylaxis and treatment in the perioperative period | Dr Andrew MacCormick

12:00-13:00  LUNCH | Served in the Exhibition Hall | Melbourne Rooms 1 & 2

13:00-14:30  Room 207 Lunchtime Educational Session
- Managing patients’ pain from theatre to home | Dr Gavin Pattullo & Dr Charlotte Johnstone
- Whole body US for the anaesthetist - what can’t we image? | Dr Yang Yang
- RA SIG AGM | Dr Chong Tan

13:15-14:15  Room 203 Lunchtime Educational Session
- Clinical Ultrasound: Use of Ultrasound before Anaesthesia | Dr Renald Portelli
- Regional Anaesthesia SIG: New Evidence in Regional Anaesthesia | Dr David M Scott
- RA SIG AGM | Dr Olle Ljungqvist

13:00-14:30  Room 204 Lunchtime Educational Session
- Clinical ultrasound as part of the preadmission process | Prof. John Faris
- Clinical ultrasound before induction of anaesthesia | Dr Sarvesh Nathan
- Should ultrasound-guided procedures be mandatory? | Dr Ajay Kumar
- Whole body US for the anaesthetist - what can’t we image? | Dr Yang Yang
- RA SIG AGM | Dr Chong Tan

14:30-16:30  PLENARY ROOM 1  Chair: Michelle Home
Perioperative Medicine
- Whole body US after surgery | Dr Michael Voltman
- Acute Pain SIG - Analgesia and Outcomes after Major Abdominal Surgery - More than just Morphine? | Dr Chong Tan

14:30-16:30  Room 203)
- Shortness of breath - cardiac or lung? | Prof. Michael Voltman
- Bedside detection of DVT and PE | Dr Greg Comadira
- Diagnosis of hypotension after surgery | Dr Swaroop Margale
- Fabril patient - what can we find with US? | Dr Darama Haji
- Buprenorphine as the primary opioid analgesic after major abdominal surgery: myths, legends & facts | Dr Brad Leake
- Continuous TAP and rectus sheath analgesia: did, don’ts and what works best? A tale of two networks | Dr Yen Lim, Bikhah Awaraj, Noam Winter Debate - The best is still the best! - epideral analgesia is the gold standard vs could good enough in fact be better? - Single dose intrathecal morphine with adjunctive analgesia | Dr Tuong Phan, A/Prof. Laurence Weinberg & Dr Chong Tan

16:30-17:30  PLENARY ROOM 1  Chair: Prof. Colin Royse
The Great Debate: Who owns the patient? The doctor, the hospital, the insurer or the patient? | Prof. Olle Ljungqvist
- Prof. Michael Voltman
- Dr Bedside detection of DVT and PE
- Dr Greg Comadira
- Dr Swaroop Margale
- Dr Darama Haji

16:30-17:30  Room 204
- Major drug clinical trials in non-cardiac surgery | Prof. Kate Leslie
- Quality improvement science - swarming for the randomised controlled trial? | Prof. Dr Martin Kuper
- Key papers I learnt for the exam and which changed my practice | Dr Arvinder Grover

17:30-19:30  Exhibitor Drinks | Exhibition Hall | Melbourne Room 1 & 2
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<th>Time</th>
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<tr>
<td>07:00-08:30</td>
<td>Registration Desk Open – Melbourne Convention Centre</td>
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<td>08:00-08:30</td>
<td>PLENARY ROOM 1 Chair: A/Prof. David M Scott, ASA Vice President</td>
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<td>Geoffrey Kaye Oration</td>
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<td>Plenary</td>
<td>Ultrasound for everyone - why, when and how to get there</td>
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<td>Chair: Adjunct A/Prof. David Canty</td>
<td>Clinical Ultrasound - Training in Clinical US - how to get there</td>
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<td>Patient-led recovery - described, planned and delivered</td>
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<td>Australian Society of Anaesthetists Annual General Meeting</td>
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<td>18:30-23:59</td>
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**PROGRAM – TUESDAY 20 SEPTEMBER**

**07:00-17:30**
**REGISTRATION DESK OPEN – MELBOURNE CONVENTION CENTRE**

**08:00-09:30**
**PLENARY ROOM 1 | Chair: Dr Kathryn Hagen**

Plenary | Implementation of an ERAS program | Prof. Mike Scott

**09:30-10:30**
**PLENARY ROOM 1 | Chair: Dr Kathryn Hagen**

Plenary | Large scale implementation of surgical quality improvement programs | Dr Martin Kuper

**10:00-11:00**
**MORNING TEA | Served in Exhibition Hall | Melbourne 1 & 2**

**11:00-13:00**
**PLENARY ROOM 1 | Chair: Prof. Michael Veltman**

Perioperative Medicine, Pain Management | Room 203 | Chair: Dr Andrew Schneider

- Does regional analgesia improve recovery? A/Prof. David M Scott
- What is the evidence of epidural use for open abdominal surgery? A/Prof. Bernhard Riedel
- Preventing persistent pain following surgery Dr Malcolm Hogg
- How will we manage perioperative pain in 10 years time? Prof. Michael Veltman

Perioperative Medicine | Room 204 | Chair: Dr Gregory Deacon

- What matters to the patient - and how to find out? Ms Carolyn Carfield
- Peri-anest. Should we all learn Lung US? Adjunct A/Prof. David Canty
- Diagnostic approach to peri-anest Dr Lindsay Bridgford
- Management of arrhythmias Dr Roni Kriessar

Perioperative Medicine | Room 205 | Chair: Dr Rod Westhorpe

- The Bowie diagram - a concept that incorporates casual analysis and event management Dr Daniel Clarke
- Are all human errors also system errors? Prof. Neville Gibbs
- What do you do when the unexpected happens? A/Prof. Kersi Taraporewalla
- Show us the evidence - an analysis of the webAIRS data Dr Martin Culwick

**10:45-11:45**
**Small Group Discussion 39 | Room 206**

- Perioperative Medicine Error Reduction Strategies - how you can improve your practice Prof. Mike Scott
- Does regional analgesia improve recovery? A/Prof. David M Scott
- What is the evidence of epidural use for open abdominal surgery? A/Prof. Bernhard Riedel
- Preventing persistent pain following surgery Dr Malcolm Hogg
- How will we manage perioperative pain in 10 years time? Prof. Michael Veltman

**13:00-14:30**
**LUNCH | Served in Exhibition Hall | Melbourne 1 & 2**

**14:30-16:30**
**PLENARY ROOM 1 | Chair: Assoc. Prof. David M Scott**

Panel Facilitator: Dr Sally Warhaft

Question and Answer Forum - Beyond our Borders

Please join us for what promises to be a stimulating, challenging and memorable finale to the Congress. A formal Q&A forum will focus on the global refugee crisis, asylum seekers, international welfare, and the Australian Government’s immigration and border protection policies. It will be led by a panel of our country’s leading experts and eminent social commentators on these issues.

Family members of delegates are most welcome to attend. It will be an event not to be missed!

Panel Facilitator
Dr Sally Warhaft - Melbourne broadcaster, anthropologist and writer and the host of the Wheeler Centre’s live journalism series, The Fifth Estate

Panelists
Assoc Prof Munjed Al Muderis - Orthopaedic surgeon, prosthetic limb pioneer, and refugee from Iraq, asylum seeker and human rights advocate
Adj Prof Frank Brennan SJ AO - Law professor, Jesuit Catholic priest, and social justice and human rights advocate
Ms David Marine - Human rights lawyer and migration agent
Prof Louise Newman AM - Infant and developmental psychiatrist, refugee advocate, former Royal Australian and New Zealand College of Psychiatrists President

**16:30**
**FAREWELL COMMENTS**
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<td>08:30-10:30</td>
<td>Workshop 1 Careflight Can't Intubate, Can't Oxygenate</td>
<td>Workshop 2 (08:30-11:00) FUSE Vascular Access</td>
<td>Workshop 3 (09:00-10:30) Facilitator: Dr Helen Kolawole Anaphylaxis</td>
<td>Workshop 4 (08:30-11:00) Facilitator: Adjunct A/Prof. David Canty FUSE TTE</td>
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<td>11:00-13:00</td>
<td>Workshop 5 Facilitator: Dr Alwin Chuan Regional Anaesthesia - upper limb blocks</td>
<td>Workshop 6 Careflight Can't Intubate, Can't Oxygenate</td>
<td>Workshop 7 (11:00-12:30) Facilitator: Dr Helen Kolawole Anaphylaxis</td>
<td>Workshop 8 Facilitator: Prof. Stanton Sherman 3D TOE</td>
<td>Workshop 9 (11:15-13:45) Facilitator: Adjunct A/Prof. David Canty FUSE TTE</td>
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<td>08:30-10:30</td>
<td>Workshop 10 Facilitator: Dr Alwin Chuan Regional Anaesthesia - lower limb blocks</td>
<td>Workshop 11 Careflight Can't Intubate, Can't Oxygenate</td>
<td>Workshop 12</td>
<td>Workshop 13 Careflight Can't Intubate, Can't Oxygenate</td>
<td>Workshop 14 Facilitators: Dr Martin Culwick A/Prof. Kersi Taraporewalla Using WebAIRS for Incident Reporting and Analysis</td>
<td>Workshop 15 Mr Timothy Bowen MIGA Exploring the prognosis of misdiagnosis</td>
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<td>Workshop 16 Facilitator: Dr Alwin Chuan Regional Anaesthesia - Thoraco-abdominal blocks</td>
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<td>Workshop 18</td>
<td>Workshop 20 Careflight THREAT - Part 1</td>
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<td>Workshop 24 Facilitator: Dr Rod Weatherup Cowlishaw Historical Book Collection at RACS in East Melbourne</td>
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<td>Workshop 22</td>
<td>Workshop 20 Careflight THREAT - Part 1</td>
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<td>Workshop 21 (8:00-12:00) Facilitators: Dr Thierry Beths Veterinary Anaesthesia at U-Vet Werribee Animal Hospital</td>
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<td>14:30-16:30</td>
<td>Workshop 25 Facilitator: Prof. John Faris TTE live model Scanning</td>
<td>Workshop 26</td>
<td>Workshop 26 Careflight Can't Intubate, Can't Oxygenate</td>
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<td>Workshop 24 Facilitator: Dr Rod Weatherup Cowlishaw Historical Book Collection at RACS in East Melbourne</td>
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**WORKSHOP PROGRAM**
Obstetric Advanced Life Support - Workshop and Simulations

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<th>Workshop</th>
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<tr>
<td>Major Haemorrhage and Obstetric Emergencies Simulation</td>
<td>W1</td>
<td>17/9/16     08:30-11:00</td>
<td>Room 208</td>
<td>Dr Bridget Langley</td>
<td>6</td>
<td>This four hour workshop will engage participants in the management of major haemorrhage and obstetric emergencies in high-fidelity simulation scenarios. This course is recognised by the ANZCA CPD Program for the Major Haemorrhage Emergency Response Activity.</td>
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<td>W2</td>
<td>17/9/16     11:00-13:00</td>
<td>Room 208</td>
<td>Dr Bridget Langley</td>
<td>6</td>
<td>This four hour workshop will engage participants in the management of major haemorrhage and obstetric emergencies in high-fidelity simulation scenarios. This course is recognised by the ANZCA CPD Program for the Major Haemorrhage Emergency Response Activity.</td>
<td></td>
</tr>
</tbody>
</table>

Workshop Registration Information

Workshops vary in their cost, duration, maximum participants and location. Details appear at the start of each workshop description. The correct ticket is required for entry to all workshops. Where workshops are repeated, your ticket will only allow you entry to the specified session and is not transferable to other sessions of the same workshop.

Only one workshop will be allocated per delegate up to the early bird closing date.

Workshops are allocated on a ‘first-come, first-served’ basis and the availability of workshops is subject to demand. After the early bird closing date, all delegates will be notified of the available workshops by email. Delegates can edit their registration booking online and select a further workshop. Please note, the selection of a second workshop after the early bird date will only be available online.

W1 | W6 | W11 | W13 | W17 | W19 | W22 | W26
Can’t Intubate, Can’t Oxygenate (CICO) Workshops by CareFlight (ANZCA ER)

Workshop Date / Time Location Cost Facilitator No. of workshops Max.
W1 | 17/9/16 | Room 208 | $200 | Careflight | 8 | 20 participants
W2 | 17/9/16 | Room 208 | $200 | Careflight | 8 | 20 participants

As anaesthetists you understand the need for CICO training. As such, you know that they are rare but stressful situations, where pre-planning and preparation are essential for the patient’s survival.

So why is it that most CICO training is focused on situations that occur in the context of an anaesthetic induction in an operating room? The reality of CICO situations in a big hospital is that most of them occur in other locations: ED, CT scanner, HDU, wards and, of course, outside of the walls of a hospital. CareFlight’s CICO course is focused on those situations where you may not have your usual gadgets to play with, the reassuring company of esteemed colleagues or even your favourite assistant. The keys to success are within the realms of both technical and non-technical skills. CareFlight’s CICO course emphasises team skills, communication techniques, decision making practices and, of course, outstanding CICO skills.
### W3 | W7 Anaphylaxis Workshops (ANZCA ER)

<table>
<thead>
<tr>
<th>Date / Time</th>
<th>Location</th>
<th>Cost</th>
<th>Facilitator</th>
<th>No. of workshops</th>
<th>Max.</th>
</tr>
</thead>
<tbody>
<tr>
<td>W3 17/9/16 09:00-10:30</td>
<td>Room 216</td>
<td>$80</td>
<td>Dr Helen Kolawole</td>
<td>2</td>
<td>12 participants</td>
</tr>
<tr>
<td>W7 17/9/16 11:00-12:30</td>
<td>Room 216</td>
<td>$80</td>
<td>Dr Helen Kolawole</td>
<td>2</td>
<td>12 participants</td>
</tr>
</tbody>
</table>

The anaphylaxis workshops will be run by Dr Helen Kolawole who is currently the coordinator of the Australian and New Zealand Anaesthetic Allergy Group, ANZAAG and Chair of the ANZAAg Anaesthesia Management working group.

### W4 | W9 Focused Ultrasound-Simulated Education - Transthoracic Echocardiography (FUSE TTE) Workshops

<table>
<thead>
<tr>
<th>Date / Time</th>
<th>Location</th>
<th>Cost</th>
<th>Facilitator</th>
<th>No. of workshops</th>
<th>Max.</th>
</tr>
</thead>
<tbody>
<tr>
<td>W4 17/9/16 08:30-11:00</td>
<td>Room 218</td>
<td>$250</td>
<td>Adjunct A/Prof. David Canty</td>
<td>2</td>
<td>20 participants</td>
</tr>
<tr>
<td>W9 17/9/16 11:15-13:45</td>
<td>Room 218</td>
<td>$250</td>
<td>Adjunct A/Prof. David Canty</td>
<td>2</td>
<td>20 participants</td>
</tr>
</tbody>
</table>

The FUSE TTE workshop is designed to teach the knowledge base and practical skills to perform basic transthoracic echocardiography. There are three components to the course. An e-learning package to gain the basic knowledge and case interpretation to be completed prior to the congress. At the congress a 2.5 hour workshop conducted on the Saturday morning to teach the participants how to use the simulator and how to acquire the views for basic TTE. The simulators will then be available for practice for the rest of the congress. The course requires ten self-directed cases to be performed on the simulator during this time. After completion of the training, an optional logbook is enabled. The time required to complete the entire course is approximately 20 hours of pre-congress learning. A 2.5 hour workshop, followed by approximately five hours practice on the simulator.

### W5 Regional Anaesthesia - Upper Limb Blocks Workshops

<table>
<thead>
<tr>
<th>Date / Time</th>
<th>Location</th>
<th>Cost</th>
<th>Facilitator</th>
<th>No. of workshops</th>
<th>Max.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Saturday W5 17/9/16 11:00-13:30</td>
<td>Room 207</td>
<td>$100</td>
<td>Dr Alwin Chuan</td>
<td>15</td>
<td>15 participants</td>
</tr>
</tbody>
</table>

This practical, hands-on workshop will involve scanning on live models focusing on upper limb blocks. The anatomy and sonoanatomy of the upper limb, vascular structures and brachial plexus (blocks above and below the clavicle, distal forearm rescue blocks) will be discussed. Facilitators are active clinicians and trainers in regional anaesthesia and their teaching places emphasis on practical tips and clinical pearls to improve your regional anaesthesia skills.

### W8 3D - TOE Workshop

<table>
<thead>
<tr>
<th>Date / Time</th>
<th>Location</th>
<th>Cost</th>
<th>Facilitator</th>
<th>No. of workshops</th>
<th>Max.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Saturday W8 17/9/16 11:00-13:00</td>
<td>Room 217</td>
<td>$80</td>
<td>Prof. Stanton Shernan</td>
<td>20</td>
<td>20 participants</td>
</tr>
</tbody>
</table>

This workshop will help participants understand how to acquire and process 3D echo images on the Philips systems. The workshop is computer-based using simulation and is moderated by Prof Stanton Shernan, who is a world-renowned expert in 3D TOE.

### W10 Regional Anaesthesia - Lower Limb Blocks

<table>
<thead>
<tr>
<th>Date / Time</th>
<th>Location</th>
<th>Cost</th>
<th>Facilitator</th>
<th>No. of workshops</th>
<th>Max.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Saturday W10 18/9/16 08:30-10:30</td>
<td>Room 207</td>
<td>$100</td>
<td>Dr Alwin Chuan</td>
<td>15</td>
<td>15 Participants</td>
</tr>
</tbody>
</table>

This practical, hands-on workshop will involve scanning on live models focusing on lower limb blocks. The anatomy and sonoanatomy of the lower limb, including vascular structures, the femoral and sciatic nerve block, subsartorial saphenous block, adductor canal block, and ankle block will be discussed. Facilitators are active clinicians and trainers in regional anaesthesia and their teaching places emphasis on practical tips and clinical pearls to improve your regional anaesthesia skills.

### W12 Lung Ultrasound Workshop

<table>
<thead>
<tr>
<th>Date / Time</th>
<th>Location</th>
<th>Cost</th>
<th>Facilitator</th>
<th>No. of workshops</th>
<th>Max.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sunday W12 18/9/16 11:00-13:00</td>
<td>Room 207</td>
<td>$80</td>
<td>Adjunct A/Prof. David Canty</td>
<td>20</td>
<td>20 participants</td>
</tr>
</tbody>
</table>

The lung ultrasound workshop will demonstrate how to perform lung ultrasound and to identify patterns of lung pathology, including normal, pneumothorax, plural effusion, pulmonary oedema, minor and major consolidation. Participants will practice performing lung ultrasound and visualising pathology on the ultrasound simulator. There will be a participant: instructor ratio of 5:1.

### W14 | W27 Using WebAIRS for Incident Reporting and Analysis

<table>
<thead>
<tr>
<th>Date / Time</th>
<th>Location</th>
<th>Cost</th>
<th>Facilitator</th>
<th>No. of workshops</th>
<th>Max.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sunday W14 18/9/16 11:00-13:00</td>
<td>Room 209 - W14</td>
<td>$80</td>
<td>Dr Martin Culwick</td>
<td>20 - 30 participants</td>
<td>20 participants</td>
</tr>
</tbody>
</table>

This workshop will utilise case scenarios based on deidentified cases reported to WebAIRS. The facilitators will work through case discussions with the delegates actively participating, using a modified root cause analysis tool. This tool also incorporates a methodology to assist with future improvements to healthcare. The session will include how to report incidents, which incidents to report, using webAIRS at your local Morbidity and Mortality meetings and the webAIRS case analysis & discussion process.

* Please note attendees are required to bring their own mobile device which may be either a smartphone, tablet or laptop.

Participants in the ANZCA CPD program may claim this workshop in the practice evaluation category under case discussions or incident reporting. A webAIRS USB containing documents and tools used during the workshop is included with attendance at this workshop.

### W15 MiGA Exploring the Prognosis of Misdiagnosis

<table>
<thead>
<tr>
<th>Date / Time</th>
<th>Location</th>
<th>Cost</th>
<th>Facilitator</th>
<th>No. of workshops</th>
<th>Max.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sunday W15 18/9/16 11:00-13:00</td>
<td>Room 207</td>
<td>$80</td>
<td>TBA</td>
<td>35 max participants</td>
<td>20 participants</td>
</tr>
</tbody>
</table>

Failure to diagnose is a significant cause of claims. In this workshop, case studies will be presented for your evaluation. What are the areas of vulnerability in managing the claim? Will you decide to defend or will you seek to settle? What is your advice on future risk management strategies?

### W16 Regional Anaesthesia - Thoraco - Abdominal Block Workshop

<table>
<thead>
<tr>
<th>Date / Time</th>
<th>Location</th>
<th>Cost</th>
<th>Facilitator</th>
<th>No. of workshops</th>
<th>Max.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sunday W16 18/9/16 14:30-16:30</td>
<td>Room 207</td>
<td>$100</td>
<td>Dr Alwin Chuan</td>
<td>15</td>
<td>15 participants</td>
</tr>
</tbody>
</table>

This practical, hands-on workshop will involve scanning on live models focusing on blocks of the chest and abdomen. The anatomy and sonoanatomy of the pectoral block, posterior and subcostal transversus abdominis plane blocks, rectus sheath, and ultrasound-guided paravertebral and neuraxial blocks will be discussed. Facilitators are active clinicians and trainers in regional anaesthesia and their teaching places emphasis on practical tips and clinical pearls to improve your regional anaesthesia skills.

### W18 Paediatric ALS Workshop (ANZCA ER)

<table>
<thead>
<tr>
<th>Date / Time</th>
<th>Location</th>
<th>Cost</th>
<th>Facilitator</th>
<th>No. of workshops</th>
<th>Max.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sunday W18 18/9/16 14:30-16:30</td>
<td>Room 209</td>
<td>$80</td>
<td>Dr Amardeep Nanuan, Balvinder Kaur, Stefan Sabato, Neil Macdonald &amp; Amanda Baric</td>
<td>2</td>
<td>20 participants</td>
</tr>
</tbody>
</table>

Max. 35 max participants

This workshop will include a 15 minute introduction, followed by four x 20 min scenarios, which will cover the new (2015) ILCOR/ Aуст. Resus Council guidelines for paediatric and newborn resuscitation. Participants in the ANZCA CPD program will be able to claim points, on completion, in the category Emergency Responses: Cardiac Arrest.

### W20 Tactical & Hostile Response Emergency Access & Treatment (THREAT)

<table>
<thead>
<tr>
<th>Date / Time</th>
<th>Location</th>
<th>Cost</th>
<th>Facilitator</th>
<th>No. of workshops</th>
<th>Max.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday W20 Part 1 19/9/16 08:30-10:30</td>
<td>Room 209</td>
<td>$400</td>
<td>TBA</td>
<td>35 max participants</td>
<td>20 participants</td>
</tr>
</tbody>
</table>

Max. 20 participants

As anaesthetists you are provided to using the right treatment to the right patient at the right time, but what if the environment is one where the continued risk to life or limb is extreme, visibility is reduced, the situation is unfamiliar and your equipment is limited? CareFlight’s THREAT course teaches tried and tested decision making processes using internationally accepted equipment and accredited instructional staff. Your participation will help you to differentiate between a direct or indirect threat environment and to tailor your interventions according to those proven to save lives.
began to collect books. In 1914 he enlisted with the Australian Imperial Force (AIF) and served as medical officer on Gallipoli and in Egypt with the 12th Light Horse Regiment. He was evacuated to England in 1915, where he met Sir William Osler, who greatly encouraged him to expand and strengthen his library and named him "the bibliophile from the bush". After his death, the College purchased the Collection, now housed in the Council Room.

The visit will be hosted by Geoff Down, the College curator.

This session meets the ANZCA requirements for an Emergency Response activity - Major Haemorrhage. Participants will be rotate through three stations: 1) Obstetric haemorrhage 2) Major haemorrhage in a paediatric surgical scenario, including early resuscitation and transfusion of the paediatric patient; 3) Major haemorrhage in a paediatric surgical scenario, including early resuscitation and transfusion of the paediatric patient. The facilitator for all stations will be Dr Rod Westhorpe.

This workshop is designed to teach and practice the acquisition of transthoracic echocardiography images on human volunteers. There will be a participant: instructor ratio of 5:1. Each echocardiography view will be demonstrated, with participants then rotating through to practice acquisition of the basic views. The parasternal long and short axis views, apical and sub-costal views will be taught.

This workshop will focus on pathophysiological indicators, risk scales and ways to improve both psychological and physiological preparation for anaesthesia in a timely manner. Bring your difficult cases for discussion. Hear what the Coroner said about the way “we” do business.

The majority of our surgical patients are admitted the same day as their surgery, giving us little or no time to correct physiological deficiencies. Best practice would now mandate that patient medical information be available to the anaesthetist some time prior to the day of admission. Increasingly our patients are presenting with complex medical issues needing optimisation irrespective of the nature of their surgery.

Critical bleeding is one of the commonest medical emergencies in anaesthesia and intensive care. Increasing use of low-molecular weight heparin, new oral anticoagulation and antiplatelet agents confounds both the choice of medical therapies and how to interpret laboratory coagulation results. Understanding the limitations of each blood test in critical bleeding is of paramount importance. In this small group discussion, Dr Ho will discuss the interactive roles of different blood products, intravenous tranexamic acid, calcium supplementation, and viscoelastic monitoring in the management of critical bleeding. The key to success in critical bleeding relies heavily on a multifaceted approach to both source control and medical therapies.

Participants will be transported to the University of Melbourne Werribee Veterinary Hospital for a morning of veterinary anaesthesia. This two hour workshop includes a brief tour of the facilities at one of Australia’s major Veterinary teaching hospitals. The management of anaesthesia for various animal species will be discussed and possibly include a live demonstration depending on available case load. Transport will be provided.
2015 was a momentous year for global anaesthesia. The World Health Assembly adopted resolution WHA68.15, “Strengthening emergency and essential surgical care and anaesthesia as a component of universal health coverage.” The Lancet Commission on Global Surgery emphasized that surgery was an “indispensable, indispensable part of basic health care,” with key challenges messages that:

- 5 billion people do not have access to safe, affordable surgical and anaesthesia care
- 143 million additional surgical procedures are needed each year in low to middle income countries.

The Commission identified three “bellwether” procedures: caesarean section, laparotomy and the treatment of open fracture, however to achieve 80% worldwide provision of timely access to essential surgery and anaesthesia by 2030, we will need to double the surgical workforce, training a further 2.2 million surgeons, obstetricians and anaesthetists.

Who (task shifting), what (scope of practice) and how can we achieve these challenges?

### SGD 6

**Overseas Aid - Service Missions and Education**

- **Date / Time**: 17/9/16 09:45-10:45
- **Location**: Room 206
- **Facilitator**: Dr David Pesced

Insulin pump therapy is increasingly common in the management of type 1 diabetes, and its use is expanding into the far larger group of people with type 2 diabetes. This discussion will cover the general principles of perioperative management of patients on insulin therapy, with a focus on the modifications to insulin dosing required when fasting for surgery and use of insulin pumps for this purpose.

### SGD 7

**Anaesthesia for Paediatric Tonsillectomy (1)**

- **Date / Time**: 17/9/16 09:45-10:45
- **Location**: Room 214
- **Facilitator**: Dr Lindy Cass

Anaesthesia for paediatric tonsillectomy is one of our more challenging anaesthetics carrying real risks of significant morbidity and rarely even mortality. We will discuss:

- Obstructive sleep apnoea - the commonest indication for tonsillectomy in young children: which cases can be safely done as day cases, which children should be referred to a centre with a paediatric ICU?
- Respiratory tract infection - who should be postponed and for how long?
- Emergence delirium - is it predictable and how can it be minimised?
- Post-operative pain relief

Please bring along any interesting cases and questions.

### SGD 8

**Anaesthetic Options for Microlaryngoscopy**

- **Date / Time**: 17/9/16 09:45-10:45
- **Location**: Room 215
- **Facilitator**: Dr Susan Beath

Using a selection of cases we will discuss the airway and ventilatory management of microlaryngoscopy. This will include the use of high frequency jet ventilation and apnoeic oxygenation. We will also consider the options for airway management when an awake fibreoptic intubation isn’t possible.

### SGD 9

**Perioperative Diabetes Management and Insulin Pumps**

- **Date / Time**: 17/9/16 11:00-12:00
- **Location**: Room 205
- **Facilitator**: Dr Judy Kilien

The birth of a baby by caesarean delivery is a momentous event for any family, and can be a very stressful event, both for the patient and her partner. This is especially true in an emergency or after-hours setting, or when things are going wrong. In addition to providing safe and effective clinical anaesthesia, the anaesthetist has an important role as patient advocate.

The anaesthetist has the opportunity to explain, liaise, interpret, encourage and reassure the patient and her partner in such a way that can greatly reduce stress and anxiety.

There is extensive evidence in the literature that communication skills have a critical role in shaping and influencing the patient experience. We will explore the placebo and nocebo effects of language, aspects of clinical hypnosis and neurolinguistic programming and the ways in which how you say something can be more important than what you say.

### SGD 10

**ECG Refresher**

- **Date / Time**: 17/9/16 11:00-12:00
- **Location**: Room 206
- **Facilitator**: Dr Brian Ko

This session aims to review common rhythm disturbances and abnormal ECG patterns encountered in the peri-operative setting. Discussions will be centered around case scenarios. All who are interested in refreshing basic principles of ECG interpretation will be most welcome.

### SGD 11

**Communication Skills at Caesarean Section**

- **Date / Time**: 17/9/16 11:00-12:00
- **Location**: Room 214
- **Facilitator**: Dr James Griffiths

The birth of a baby by caesarean delivery is a momentous event for any family, and can be a very stressful event, both for the patient and her partner. This is especially true in an emergency or after-hours setting, or when things are going wrong. In addition to providing safe and effective clinical anaesthesia, the anaesthetist has an important role as patient advocate.

The anaesthetist has the opportunity to explain, liaise, interpret, encourage and reassure the patient and her partner in such a way that can greatly reduce stress and anxiety.

There is extensive evidence in the literature that communication skills have a critical role in shaping and influencing the patient experience. We will explore the placebo and nocebo effects of language, aspects of clinical hypnosis and neurolinguistic programming and the ways in which how you say something can be more important than what you say.

### SGD 12

**Breathing and No Tube - a Guide to the Tubeless Technique**

- **Date / Time**: 17/9/16 11:00-12:00
- **Location**: Room 215
- **Facilitator**: Dr Andrew Beck

Tubecless - need anaesthesia but want to avoid a tube? This session will focus on anaesthetic techniques and surgical considerations for tubeless techniques in head and neck surgery - microlaryngoscopy, panendoscopy and laser of the airways.

### SGD 13

**Neuromuscular Blockade Management**

- **Date / Time**: 17/9/16 12:15-13:15
- **Location**: Room 205
- **Facilitator**: A/Prof. Stephanie Phillips, Dr Paul Stewart

Residual neuromuscular blockade remains common and neuromuscular function monitoring underused. ANZCA is piloting a new professional document which states “Quantifiable neuromuscular function monitoring must be available for every patient in whom neuromuscular blockade has been induced and should be used whenever the anaesthetist is considering extubation following the use of non-depolarising neuromuscular blockade.” This discussion could cover the need for quantitative monitoring, practice setting it up (if participants are interested), level of block for different procedures and reversal, as well as the side effects of neostigmine administered to recovered patients.

### SGD 14

**Return to Anaesthesia Practice after a Period of Leave**

- **Date / Time**: 17/9/16 12:15-13:15
- **Location**: Room 206
- **Facilitator**: Dr Kara Allen, Dr Janette Wright

Minimal research has been done into how time away from the operating theatre affects our craft group. Delivering safe anaesthesia involves a large number of technical and psychomotor skills, which are likely to deteriorate with lack of practice, a use it or lose it scenario. Meeting the need for retraining and familiarisation of the anaesthetist returning to work is complex and individual, and benefits not only the individual, but the whole craft group.

This workshop is an opportunity to discuss these issues plus a variety of solutions with two anaesthetists who are actively involved in helping anaesthetists return to work. They utilise a course called CRASH that aims to increase confidence and decrease anxiety in those returning to work.

### SGD 15

**ROTEM in Obstetrics**

- **Date / Time**: 17/9/16 12:15-13:15
- **Location**: Room 215
- **Facilitator**: Dr Peter Roessler, Dr David Lam

We will review the current evidence related to the utility of ROTEM® in the obstetric population. Clinical case discussions will be used to fine-tune participants’ skills in the interpretation of ROTEM® results.

### SGD 16

**Total Intraoperative Anaesthesia (TIVA)**

- **Date / Time**: 17/9/16 12:15-13:15
- **Location**: Room 214
- **Facilitator**: Dr Peter Roessler, Dr David Lam

Should you TIVA all your patients? TIVA is an increasingly common anaesthetic technique. TIVA has been associated with less nausea, better recovery, less emergence delirium, less airway complications, less hyperglycaemia, less bleeding and a lower incidence of chronic pain.

TIVA also lowers malignant hyperthermia risk, reduces greenhouse gas emissions and can be several times cheaper to run than volatiles. Recent studies have also suggested TIVA can reduce cancer recurrence and improve survival after cancer surgery - this is an exciting ongoing area of research.

This session aims to cover all things TIVA related, including choice of drugs and protocols, pitfalls, and shortcomings of TIVA.

### SGD 17

**Private Hospital Medical School Teaching**

- **Date / Time**: 17/9/16 13:30-14:30
- **Location**: Room 205
- **Facilitator**: A/Prof. Stephanie Phillips

The need to find more clinical training places for medical students and junior doctors has led to a significant increase in teaching in the private sector. This discussion will consider the many challenges this presents, including consent, pressure on work flow, staff and patient attitudes, remuneration of teachers and appropriate anaesthesia curriculum for undergraduates. Come prepared with your ideas that will improve the experience for all sides.
SUNDAY 18 SEPTEMBER

SGD 21
Advance Care Directives (ACD) in Perioperative Care

Date / Time 18/9/16  09:45-10:45
Location Room 206
Facilitator Dr Zoe Keon-Cohen

Do you know what to do with an ACD when it turns up on your list? How does this apply to anaesthesia and surgery? Which patients do I refer from perioperative clinic to complete an ACD? We will consider: evidence for selection of patients for ACD; how to do an ACD-specific and appropriate plan; understanding what is appropriate to consider for further discussion; futile treatments and how to help support teams and patients towards a timely personalized treatment plan.

Areas for discussion:
- Basic principles of an advance care directive
- Legal obligations for medical practitioners of advance care directives
- Specific features of a perioperative advance care directive
- Limitations and risks of advance care directives
- Ethical, religious and cultural differences influencing patient values
- Methods and techniques to having the ‘end of life discussion’
- Legislative and common law duties of ACDs in your state
- Roles within inter-hospital units and communication between hospitals and community.

SGD 23
Nerve Conduction Studies and Postoperative Management of Nerve Injuries

Date / Time 18/9/16  09:45-10:45
Location Room 215
Facilitator A/Prof. Lynette Kiers

Postoperative peripheral nerve injuries are a major source of distress and disability and figure prominently in litigation. The spectrum of iatrogenic nerve injuries has changed as surgical technology has evolved. Minimal access surgery does not mean minimal risk of peripheral nerve injury. Postoperative nerve injuries can result from direct surgical trauma, mechanical stress on a nerve due to faulty positioning during anaesthesia, the injection of neurotic substances into a nerve, and other mechanisms. Postoperative idiopathic brachial neuritis is a well-recognized clinical syndrome, thought to be immune mediated. Regional anaesthesia can also be associated with nerve injury. Nerve conduction and electromyogram (EMG) studies are invaluable for determining the presence of nerve injury, localization, severity, recovery and prognostication. This workshop will review the mechanisms of postoperative nerve injuries, present particular nerve lesions in a case-based format, and review the interpretation, diagnostic and prognostic role of electrodiagnostic studies.

SGD 24
How to Find your Mentor

Date / Time 18/9/16  11:00-12:00
Location Room 206
Facilitator Dr Phuong Pham

Are you interested in developing mentoring relationships with mentors but unsure how? Not sure how to make the most of available mentoring programs? Come to this interactive session where you will be empowered to adopt the ‘managing up’ mentee role and develop your own mentoring network. By reflecting on your own personal goals and values, you will identify the type of mentors you are looking for. By sharing stories and experiences, we will brainstorm strategies against barriers to successful mentoring. You should come away from the session feeling inspired to cultivate future mentoring relationships that will assist your professional, as well as personal development.

SGD 25 | SGD 28
Holding Back the Tears: Treatment and Prevention of Paediatric Perioperative Anxiety

Date / Time
Sunday
SGD 25 18/9/16  11:30-12:30
SGD 28 18/9/16  13:15-14:15
Location Room 214
Facilitator Dr Anna Englin, Dr Valerie Taylor, Dr James Meyer-Grieve

What techniques do you use to manage children’s anxiety? This is an interactive discussion aimed at occasional paediatric anaesthetists. We will discuss evidence-based pharmacological and non-pharmacological treatment of children’s anxiety. A child psychiatrist will join us to give a unique insight into children’s cognitive development, stress response and age-based communication techniques. Key points covered will include choosing premedication, techniques for smooth induction of anaesthesia, parental presence, and emergence delirium.

SGD 26
General Anaesthesia for Shoulder Surgery in the Beach-chair Position

Date / Time 18/9/16  11:30-12:30
Location Room 215
Facilitator Dr Steven Dimadis

The SGD will be based on the physiology and pathophysiology of the beach chair position, common complications of the surgery and regional anaesthesia relating to the shoulder. The discussion will be at a beginners to intermediate level so no previous experience is required. The aim is to be more comfortable if required to anaesthetise for this surgery.

SGD 27
Incident Reporting - the Human Factors

Date / Time 18/9/16  13:15-14:15
Location Room 206
Facilitator Dr John Williamson, Dr Suzy Cook

Anaesthesia incident reporting, first employed by Dr Geoffrey Cooper (a biomedical engineer!) and colleagues in the Massachusetts General Hospital in 1978, has proved to be one helpful clinical tool in furthering patient safety in anaesthesia practice and beyond. The impact of this reporting practice reinforces some valuable human lessons upon anaesthetists, which include humility, clinical honesty, removal of blame, trust in colleagues and respect for patients. Anaesthesia nursing morale is also improved. Participants gain insight into human error mechanisms and their prevention. This workshop will invite active participation and discuss around these points, with illustrations from actual clinical practice and previously published hard data. The interesting history of “critical incident reporting”, and the influence of anaesthesia incident reporting upon medical practice more widely, will emerge naturally from these discussions.

SGD 29
Local Infiltration Analgesia for Knee and Hip Arthroplasty

Date / Time 18/9/16  13:15-14:15
Location Room 215
Facilitator Dr Brian Pazzutti

Application of the principles of Enhanced Recovery after Surgery (ERAS) involves patient engagement, cognitive protection, nutrition maintenance, early mobilisation, fluid restriction, analgesia with minimal use of opioids and early discharge (1-2 days max). It is aimed to return the patient to independent living at home with prevention of DVT/PE and with minimal cognitive loss. Patient engagement is the key.
Perioperative Approach to the Patient for Noncardiac Surgery

Achieve these results will be discussed.

This is a team effort pre, intra and post operatively involving work, operating theater, physiotherapy and acute pain service.

This group will discuss the approach to the patient presenting for elective surgery on anti-platelet therapy. Talking points will include management issues surrounding the patient with recent percutaneous coronary intervention, as well as stroke and perioperative risk management.

MONDAY 19 SEPTEMBER

SGD 30 Perioperative Approach to the Patient for Noncardiac Surgery on Antiplatelet Therapy
Date / Time 18/9/16 14:30-15:30
Location Room 206
Facilitator Dr Oliver David

This is the fundamental problem of empiricism, which Hume identified. This cognitive phenomenon resembles the "halo effect": a sense that someone is "known" or understood when little about the person is actually known. The dangers of interpretive confidence are particularly manifest in what is termed "historicism", which is belief in a predictive science of history. Sir Peter Medawar credits the philosopher Karl Popper with "dismantling" historicism, as Hume did with empiricism. In his collection of essays on science Medawar highlights the distinction between expectation (hypothesis) and prediction that presents to foreknowledge. We discuss in light of the Poise 2 trials (NEJM, 370:1494-1510, 2014).

We are prone to exaggerate consistency and coherence in what we observe, which engenders an exaggerated "faith" in what clinicians and researchers learn from too few observations. This is the fundamental problem of empiricism, which Hume identified. This cognitive phenomenon resembles the "halo effect": a sense that someone is "known" or understood when little about the person is actually known. The dangers of interpretive confidence are particularly manifest in what is termed "historicism", which is belief in a predictive science of history. Sir Peter Medawar credits the philosopher Karl Popper with "dismantling" historicism, as Hume did with empiricism. In his collection of essays on science Medawar highlights the distinction between expectation (hypothesis) and prediction that presents to foreknowledge. We discuss in light of the Poise 2 trials (NEJM, 370:1494-1510, 2014).

Learning Objectives for the session:
- To understand airway assessment and preparation for a difficult intubation.
- To consider blood conservation techniques, including autologous pre-donation, haemodilution, tranexamic acid and transfusion criteria.
- To understand hypotensive anaesthesia techniques, including safety, monitoring, and choice of drugs.
- To understand the issues of shared airway surgery, including communication with the surgical team and change of airway device mid-procedure.
- To understand some of the controversies and benefits surrounding the use of dexamethasone.
- To understand the importance of smooth and timely emergence from anaesthesia and immediate post-operative management issues related to the airway and analgesia.

SGD 31 Anaesthesia for Paediatric Tonsillectomy (2)
Date / Time 18/9/16 14:30-15:30
Location Room 214
Facilitator Dr Linda Cass

Anaesthesia for paediatric tonsillectomy is one of our more challenging anaesthetics carrying real risks of significant morbidity and (rarely) even mortality. In this SGD we will discuss:

- Obstructive sleep apnoea - the commonest indication for tonsillectomy in young children. These cases can be safely done as day cases, which children should be referred to a centre with a paediatric ICU.
- Respiratory tract infection - who should be postponed and for how long?
- Emergence delirium - is it predictable and how can it be minimised?
- Post-operative pain relief

Please bring along any interesting cases and questions.

SGD 32 Anaesthesia for Major and Maxillofacial and Shared Airway Surgery
Date / Time 18/9/16 14:30-15:30
Location Room 215
Facilitator Dr Richard Grutzner

A healthy 27 year old woman is scheduled for a bimaxillary osteotomy and rhinoplasty as part of her orthodontic treatment. Questions to consider prior to session:

- What is your plan for elective nasal intubation in a patient who is expected to be a difficult intubation?
- Discuss indications for and technique for delivery of hypotensive anaesthesia including appropriate monitoring.

TUESDAY 20 SEPTEMBER

SGD 39 Providing Effective Feedback to Trainees
Date / Time 20/9/16 10:45-11:45
Location Room 206
Facilitator Dr Kara Allen

Giving feedback can be a challenge in the context of teaching in the operating theatre time pressures, lack of privacy and limited exposure to trainees can result in either a lack of feedback or feedback poorly delivered. This session will present practical tips on how to have a feedback conversation for anyone in a teaching or in theatre supervision role, and we will discuss how to manage difficult conversations around poor performance. Several models of feedback will be discussed, with examples of real world situations to guide practice.

We will discuss how anaesthesia techniques are co-evolving with the Illusion of Validity and Regression to the Mean.

It is an observed fact that people who attend a religious service more often are healthy than those who do not.

This combined presentation provides the opportunity to listen to four of the key players from the EAC and PIAC. This is an excellent opportunity for delegates to gain useful advice for workplace and financial matters. A number of current concerns will be considered, including the MBS review, financial ‘kickability’ from other specialists, task substitution, workforce problems, hospital accreditation, private health insurance, private hospital treatment costs, revalidation, pressures on health systems and the threat to professional autonomy, just to name a few. Participants are invited to bring along their own items for discussion. The presenters are Dr Mark Sinclair EAC Chair, Dr Antonio Grossi PIAC Chair, Dr Renald Portelli Vic State EAC Rep and Dr Simon Reilly Vic State PIAC Rep.

"What is distinctively human at the most fundamental level is the capacity to persuade and be persuaded" - so said philosopher Bertrand Russell. Persuasion is fundamental to our personal and professional lives, and is a key to the effective leadership of others. Based on an intensive two week course held every January at the Harvard Kennedy School of Government in Boston USA, and applicable to both oral and written forms of communication, this workshop will seek to illustrate skills and techniques we can apply in our everyday lives to make us more persuasive.

We will discuss how anaesthesia techniques are co-evolving with the Illusion of Validity and Regression to the Mean.

It is an observed fact that people who attend a religious service more often are healthy than those who do not.

This combined presentation provides the opportunity to listen to four of the key players from the EAC and PIAC. This is an excellent opportunity for delegates to gain useful advice for workplace and financial matters. A number of current concerns will be considered, including the MBS review, financial ‘kickability’ from other specialists, task substitution, workforce problems, hospital accreditation, private health insurance, private hospital treatment costs, revalidation, pressures on health systems and the threat to professional autonomy, just to name a few. Participants are invited to bring along their own items for discussion. The presenters are Dr Mark Sinclair EAC Chair, Dr Antonio Grossi PIAC Chair, Dr Renald Portelli Vic State EAC Rep and Dr Simon Reilly Vic State PIAC Rep.
The following ASA Business Meetings are scheduled during the NSC:

<table>
<thead>
<tr>
<th>MEETING</th>
<th>ROOM</th>
<th>TIME</th>
<th>DAY</th>
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<tr>
<td>GASACT Meeting</td>
<td>Room 205</td>
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<tr>
<td>Obstetric SIG AGM</td>
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<td>11:00 -13:00</td>
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<td>ODEC</td>
<td>Room 211</td>
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<td>Room 205</td>
<td>16:45 -17:45</td>
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<td>RA SIG AGM</td>
<td>Room 204</td>
<td>12:45 -13:00</td>
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<td>NSC 2017 Committee Meeting</td>
<td>Room 205</td>
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<tr>
<td>Trainee Lunch (GASACT)</td>
<td>Room 210</td>
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<td>ACE Committee Meeting</td>
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<tr>
<td>RAG Lunch</td>
<td>Room 211</td>
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<td>ASA AGM</td>
<td>Plenary 1</td>
<td>14:30 -16:30</td>
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<td>History SIG AGM</td>
<td>Room 207</td>
<td>12:45 -13:00</td>
<td>Tuesday</td>
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ASA BUSINESS MEETINGS

The following ASA Business Meetings are scheduled during the NSC.

**PROVISIONAL PROGRAMME**

**Session 1:** Perioperative
**Session 2:** PBLD
**Session 3:** Perioperative
**Session 4:** Non OR anaesthetic
**Annual General Meeting**
**Dinner**

**OTSAN 4th Annual OTSAN Meeting**

Melbourne, 16th September 2016

OTSAN is partnering with ASA for the first time to host Annual OTSAN Meeting. This meeting will precede the ASA NSC 2016 in Melbourne.

Speakers will include some of the well-known experts in their respective fields. The meeting will be of interest to all members of the OTSAN family and specialists and trainees interested in perioperative medicine.

More information will be available on www.otsan.org or via email: aihua.wu@easternhealth.org.au

**Enhanced Recovery After Surgery (ERAS) and Advanced Haemodynamic Monitoring for Goal Directed Therapy (GDT) Workshop**

- **ERAS** – International and national perspectives with guest speakers including the President of European ERAS Society, an independent patient–citizen and safety champion from Canada plus others.
- **AHM** – Practical breakout sessions with experts who routinely use Advanced Haemodynamic Monitors in their daily clinical practice.
- **LEADERSHIP & DRIVING COMPLEX CHANGE** – Guest speaker from the University of Melbourne Business School.

Friday, September 16th 2016 – Peter MacCallum Cancer Centre

Victoria Comprehensive Cancer Centre, Parkville, Melbourne

register now at pshaustralia.com.au

Preceding the ASA 75th National Scientific Congress in Melbourne
SOCIAL FUNCTIONS

Welcome Reception
Friday 16 September | 17:00-19:00
Melbourne Room Foyer, Melbourne Convention and Exhibition Centre
Delegates are encouraged to collect their registration packs and then relax and enjoy the company of their fellow delegates. Partake of drinks and canapes, in the setting of gorgeous night views of Melbourne and the Yarra River.

ACMI: Art, Film & Digital Culture
Saturday 17 September | 18:00-21:00
Australian Centre for the Moving Image (ACMI)
Getting there: Delegates and their family can easily make their own way to ACMI which is either a short walk or tram ride from the congress hotels. Further details are available on the Congress website.
ACMI is the place to discover the history and future of cinema and is Australia’s only centre dedicated to the moving image. On display in September, will be a stunning exhibition of SCORSESE. Martin Scorsese is one of the most exhilarating film makers of all time and the exhibition will cover the gamut of his career with personal insights. Coupled with ACMI’s permanent display of the history of cinema with moving images, Hollywood glamour and interactive entertainment, ACMI is suited for all ages. The night will include roving entertainers, a jazz band and a fine selection of finger food and beverages. Delegates may choose to follow on and discover the night delights of Melbourne intimate bars, live theatre, live music and restaurants. A TRUE FAMILY NIGHT OF WHICH THE ORGANISING COMMITTEE IS VERY PROUD TO HOST.

Exhibitor Drinks
Sunday 18 September | 17:30-19:30
Melbourne Room 1 & 2, Melbourne Convention and Exhibition Centre
In a convivial environment, and as an acknowledgement of the generous support of our Exhibitors, mingle with fellow delegates and our trade partners. You may choose to follow on discovering the nightlife of Melbourne. Please note: Children are not permitted to attend this event.

ASA Gala Dinner - ‘Diamonds are Forever’
Monday 19 September | 18:30-Midnight
Melbourne Park Function Centre | Melbourne & Olympic Parks Batman Ave, Melbourne
Dress Code: Dress to Impress
A night of nights celebrating the NSC’s 75th year. With stunning city views in the heart of Melbourne’s sports precinct, enjoy pre-dinner drinks on the open air balcony of Melbourne Park Function Centre. Early arriving guests may elect to partake in a free behind the scenes tour of the Rod Laver Arena. Within the centre, we will then be tantalised by spectacular food, premium Victorian wines and dazzling entertainment. This will be an amazing night as we proudly celebrate the ASAs significant milestone.
Transport: Buses will pick you up from selected congress hotels and the Convention Centre. Delegates must nominate on the website if they require a seat on the bus so that we have adequate capabilities. Buses will leave the dinner at regular times afterwards. Alternatively you may wish to travel to or from Melbourne Park by tram. Further details will be on the website.

OTHER ACTIVITIES

Bike Ride
Sunday 18 September
Time: 06:30
Meeting point: South-west corner of Batman Park opposite the Crowne Plaza Hotel situated on Spencer St.
Contact: Andrew Schneider at acschneider@hotmail.com
Pull on your lycra and join the infamous ‘hell ride’ along Beach Road. Start Sunday off with a bang, before returning to MCEC for another outstanding day of science. This ride is not for the faint-hearted.
Bike hire available by special request

Fun Run
Sunday 18 September
Time: 07:00
Meeting point: South-west corner of Batman Park opposite the Crowne Plaza Melbourne.
Contact: Peter Seal 0419886473
Pull on your jogging gear and join us for a relaxing run along the banks of the tranquil Yarra River. Melbourne Marathon Spartans Club member Peter Seal, will meet you at the south-west corner of Batman Park, opposite the Crowne Plaza Melbourne, situated on Spencer St.

Golf Day
Date: Friday 16 September
Time: 12:00
Venue: Metropolitan Golf Club
Cost: $110 including a light lunch
$60-80 for Club hire
Hosted by Dr Scott Nicolson along with other local anaesthetists this is an excellent opportunity to play one of Melbourne’s premier sand-belt golf courses. Metropolitan enjoys a reputation as one of the best conditioned and most beautiful courses in the country. A light lunch will be served starting from about 12:00 with tee off times from around 12:30. Further details will be available on the website.
ACCOMPANYING PARTNER TOURS

We have organised a selection of partners-only private tours for you to enjoy during your stay. Please note tour numbers are limited and are confirmed on a first-come, first-served basis and subject to availability. Bookings are to be made during the registration process.

Shop & Chop South Melbourne Market Cooking School
Location: South Melbourne Market, Coventry Street & Cecil Street, South Melbourne
Date: Saturday, 17 September 2016
Time: 10:30-13:00
Cost: $120
Learn about new dishes with Chef prepared recipes! Along with one of the Cooking School’s experienced Chefs, tour the famous South Melbourne Market and then head back to the Neff Market Kitchen to make a meal for everyone to share. With intimate group sizes, this event is interactive and fun for everyone.

1 Day Yarra Valley Wine Tasting Tour
Location: Yarra Valley
Date: Sunday, 18 September 2016
Time: 09:00 - 17:30
Cost: $150
Enjoy a full day tour from Melbourne to experience the best of the Yarra Valley. The tour includes wine tasting at four of Yarra Valley’s best wineries/cellar doors and a main course restaurant lunch. Other highlights of the tour include visits to the Yarra Valley Dairy to enjoy a tasting of hand made cheeses and the Yarra Valley Chocolaterie, where you can experience all things chocolate!

Hidden Secrets Café Culture Tour
Location: Various Melbourne Cafés
Date: Monday, 19 September 2016
Time: 10:30-14:00
Cost: $95
Melbourne has become famous for its café culture scene. Explore the hidden gems of Melbourne’s food and coffee on the Café Culture Tour. Diverting away from the main coffee-lined laneways, you’ll be introduced to places that you would never find on your own. Experience the real taste of Melbourne.

Melbourne Cricket Ground & National Sports Museum Tour
Location: Melbourne Cricket Ground, Brunton Avenue, Richmond
Date: Monday, 19 September 2016
Time: 14:00-15:15
Cost: $30
Walk on the hallowed turf of the MCG and feel the presence of Australia’s sporting legends. Explore the inner sanctum of the MCG with a guided behind-the-scenes tour, and visit the fabulous National Sports Museum.
BEST OF VICTORIA

To provide the best Melbourne experience, the Organising Committee have teamed up with Best of Victoria to streamline your Melbourne activity bookings.

A complimentary Myki transport card pack is available for interstate delegates who may wish to travel around Melbourne via tram, train or bus. These will be available at the on-site Best of Victoria booth in the Exhibition. Simply show your interstate drivers licence to receive your complimentary Myki Value Pack.


Below are a few recommended highlights.

**Melbourne by Bike Tour**
Daily, 10:00-14:00
Cost: $109
www.melbournebybike.com

**City Sights Kayak Tour**
Wednesday – Sunday, 14:00-15:30
Cost: $82
www.kayakmelbourne.com.au

**Peninsula Hot Springs**
Daily, 08:00-15:00
Cost: from $99
www.peninsulahotsprings.com

**Aussie Brewery Tours**
Friday & Sunday 10:00-19:00
Cost: from $160
www.aussiebrewerytours.com.au

**Melbourne Balloon Flight**
Daily, 05:00-11:00
Cost: $440 ($470 with champagne breakfast)
www.globalballooning.com.au

**Gin Masterclass at Bass & Flinders Distillery**
Saturday & Sunday - 11:00 & 14:30
* to be confirmed upon booking
Cost: $140
www.bassandflindersdistillery.com

**Haunted Melbourne Ghost Tour**
Saturday, 08:30
Cost: $20
www.haunted.com.au

**Shopping**

Shopping in Melbourne always comes with added extras, with laneway discoveries and cafe culture as much a part of the experience, as the treasures from local designers and the best of international brands.

Ever-evolving shopping choices make it possible to create a different shopping spree every time you venture out, whether you’re after high fashion or fine art, jewellery or accessories, homewares or stationery. The city’s myriad laneways and arcades harbour untold gems, inner city precincts spoil you for choice, while department stores and shopping centres continue to raise the bar.

The city’s passion for fashion is a serious matter, a fact not overlooked by international retail giants looking to establish Australian outposts, and local designers keen on getting a strong start.

**Dining Out**

Melbourne is equally famous for its shopping, as it is for its culinary delights. With so many dining precincts to choose from, here are just a few of the best areas to dine while attending the Congress;

- Southgate Complex and The Promenade, Southbank
- Lygon Street, Carlton
- Chinatown, CBD
- Lonsdale Street, CBD
- Brunswick Street, Fitzroy
- Acland Street, St Kilda

For suggestions from the Local Organising Committee on some great restaurants:

- The Bohemian Bar & Restaurant
- The Boatbuilders Yard
- Akachochin
- Hooks at the Yarra
- The Wharf Hotel
- Il Solito Posto

**Food Trucks**

An integral part of the street food culture in Melbourne are the fleet of food trucks operating throughout the CBD and inner-city suburbs. There are seven dedicated food truck locations in Melbourne - find your favourite food trucks, by following them online at http://wheretheetruck.at/

**Attractions**

- Melbourne Bike Share
- Rentabike @ Federation Square
- Freddy’s Bike Tours
- National Gallery of Victoria
- State Library of Victoria
- Eureka Sky Deck
- Federation Square
- Block Arcade
- Queen Victoria Market
- Bourke Street Mall
- Crown Entertainment Complex

**Disclaimer:** The Organising Committee, the Australian Society of Anaesthetists and International Conferences & Events (ICE) Pty Ltd take no responsibility for any injury that may occur from taking part in these activities.
**REGISTRATION AND ENTITLEMENTS**

<table>
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<th>Standard† Before 1 Sept</th>
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<td>Exhibitor Drinks</td>
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All registration fees are in Australian dollars and include GST.

* Earlybird registration must be booked and paid for before or on Friday 8 July 2016 for rates to apply.

† Standard registration must be booked and paid for between Saturday 9 July 2016 and Thursday 1 September 2016 for rates to apply.

§ Only if registered on the day the session is being held.

GASACT—Group of ASA Clinical Trainees (GASACT) members receive one complimentary NSC registration once within the first two years of becoming an ‘Ordinary’ member. Present your NSC tax invoice to the Federal Secretariat after the NSC and your registration fee will be reimbursed.

Associate Registration— is only available to those who met the ASA criteria for Associate Membership.

Reciprocal Rates— are available for members of the NZSA, AAGBI, ASA(US), and CAS.

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**HOW TO REGISTER**

To register please visit [www.asa2016.com.au](http://www.asa2016.com.au). When you register online, you will receive an acknowledgment email advising you of your registration number. If you do not receive the acknowledgement email, please contact the NSC Registration Secretariat (ICE).

To be eligible to receive the early bird rate, registration must reach the NSC Registration Secretariat (ICE) with the appropriate payment no later than midnight (AEST) on Friday 8 July 2016.

**TERMS & CONDITIONS**

**Payment**

Payment must accompany all registration forms and may be made by:

- Cheque or money order payable to the Australian Society of Anaesthetists
- Credit card (MasterCard or Visa).

**Payment Policy**

Payment of early bird registration fees are required by close of business on Friday 8 July 2016 to qualify for the rate. After the early bird due date, all unpaid early bird registrations will automatically roll over and the delegates will be charged at the standard rate.

Admission to the Congress will be refused if payment has not been received.

**Confirmation of Registration**

Registrations will be acknowledged in writing to the email address nominated with confirmation of requirements according to the registration form submitted. A tax invoice will be attached to this email. If you have not received a written confirmation within seven days, please contact ICE at [info@iceaustralia.com](mailto:info@iceaustralia.com).

**Registration and Information Desk**

All delegates and accompanying persons must register to be able to attend Congress sessions, the exhibition and the catering within the exhibition and any social functions. The Registration and Information Desk will be open during the following hours at the Melbourne Convention & Exhibition Centre.

- Friday 16 September: 16:00-19:00
- Saturday 17 September: 07:00-16:00
- Sunday 18 September: 07:00-18:00
- Monday 19 September: 08:00-16:00
- Tuesday 20 September: 08:00-15:30

**Cancellation Policy**

Registration. Delegates who, after registering, find themselves unable to attend the Congress are welcome to nominate a substitute delegate. If there is no one that can be nominated as a substitute delegate, a refund of registration fees, less a cancellation fee of $120 (incl. GST) will be made if the written cancellation is received by 18 August 2016.

Registration cancellations received after 18 August 2016 and up to seven days prior to the Congress will receive a 50% refund. No refunds will be given for registration cancellations received within seven days of the Congress, however a substitute delegate may be nominated. Special circumstances are at the discretion of the NSC Officer and the Congress Convenor.

Social Tickets: Regrettably, optional social function tickets will not be refunded if delegate participation is cancelled less than 48 hours prior to the event, as numbers attending are fixed at that point. Refunds from any deposits forwarded to hotels, tour companies or other related business will be at the discretion of the supplier.

**Liability/Insurance**

In the event of industrial disruptions or natural disasters, Australian Society of Anaesthetists (ASA) and International Conferences & Events (ICE) Pty Ltd cannot accept responsibility for any financial or other losses incurred by the delegates. Nor can the Australian Society of Anaesthetists and International Conferences & Events (ICE) Pty Ltd take responsibility for injury or damage to persons or property occurring during the Congress or associated activities.

Insurance is the responsibility of the individual delegate.

**Disclaimer**

The speakers, topics and times are correct at the time of printing. In the event of unforeseen circumstances, the Organising Committee, on behalf of the Australian Society of Anaesthetists, reserves the right to delete or alter items in the Congress program.
ACCOMMODATION

Block booking reservations have been made at the following hotels. To take advantage of these special conference rates, book online when registering for the Congress. Accommodation rooms are limited and allocation is on a first-come first-served basis. Please refer to the map on page 42 for the location of the accommodation and other sites.

When booking your accommodation, ensure that you read the online accommodation terms and conditions carefully before completing your registration form, as terms differ for each hotel.

Accommodation Booking and Deposit
During the registration process, please complete the relevant section of the online registration form. Delegates are responsible for settling their final account with the hotel at checkout. A tax invoice for the full amount inclusive of GST will be issued by the hotel on checkout.

Rates and Terminology
All rates are in Australian dollars inclusive of GST and are for room only, unless indicated otherwise. All rates refer to single, double or twin share unless otherwise indicated.

Accommodation Alterations and Cancellations
Please note: Alterations or cancellation of hotel accommodation must be sent, in writing, to International Conferences & Events (ICE), NOT to the hotel. Cancellations with less than 30 days’ notice may incur a penalty. This is at the discretion of the hotel. Refer to each individual hotel’s cancellation terms and conditions online.

Disclaimer
The accommodation availability and prices shown in this registration brochure are current at the time of publication. However, they are subject to change without notice in accordance with the terms and conditions of each supplier. The ASA and International Conferences & Events (ICE) accept no responsibility for any additional costs or inconvenience incurred.

<table>
<thead>
<tr>
<th>Hotel</th>
<th>3 minute walk to MCEC</th>
<th>8 minute walk to MCEC</th>
<th>12 minute walk to MCEC</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hilton South Wharf</td>
<td>2 Convention Centre Pl South Wharf</td>
<td>8 Whiteman Street Southbank</td>
<td>8 Whiteman Street Southbank</td>
</tr>
<tr>
<td>Crown Metropol</td>
<td>31 City Road Southbank</td>
<td>550 Flinders Street</td>
<td>550 Flinders Street</td>
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<tr>
<td>Crown Promenade</td>
<td>31 City Road Southbank</td>
<td>550 Flinders Street</td>
<td>550 Flinders Street</td>
</tr>
<tr>
<td>Holiday Inn Melbourne on Flinders</td>
<td>375 Flinders Lane</td>
<td>16 Spencer Street</td>
<td>16 Spencer Street</td>
</tr>
<tr>
<td>Vibe Savoy Melbourne</td>
<td>630 Little Collins Street</td>
<td>31 City Road Southbank</td>
<td>31 City Road Southbank</td>
</tr>
<tr>
<td>Mantra Southbank Melbourne</td>
<td>20 minute walk to MCEC</td>
<td>9 minute walk to MCEC 1-5 Spencer Street</td>
<td>9 minute walk to MCEC 1-5 Spencer Street</td>
</tr>
<tr>
<td>Crowne Plaza</td>
<td>9 minute walk to MCEC</td>
<td>South Wharf View Room</td>
<td>9 minute walk to MCEC</td>
</tr>
<tr>
<td></td>
<td>1-5 Spencer Street</td>
<td>1 x Queen bed: $195</td>
<td>1 x Queen bed: $195</td>
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<tr>
<td></td>
<td></td>
<td>1 x Queen bed, 1 breakfast incl.: $218</td>
<td>1 x Queen bed, 1 breakfast incl.: $218</td>
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<tr>
<td></td>
<td></td>
<td>1 x King bed, 1 breakfast incl.: $295</td>
<td>1 x King bed, 1 breakfast incl.: $295</td>
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<tr>
<td></td>
<td></td>
<td>1 x King bed, 2 breakfasts incl.: $320</td>
<td>1 x King bed, 2 breakfasts incl.: $320</td>
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<td></td>
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<td>Internet access: Complimentary Wi-Fi included</td>
<td>Internet access: Complimentary Wi-Fi included</td>
</tr>
<tr>
<td>Check in: From 14:00 Check out: 10:00</td>
<td>Check in: From 14:00</td>
<td>Check in: From 14:00</td>
<td>Check in: From 14:00</td>
</tr>
</tbody>
</table>

* Early bird offer: bookings made before 30 June 2016 will receive complimentary breakfast for one.

Internet access: 100MB complimentary per 24 hours. Unlimited internet can be purchased at $9.95 per 24 hours.

Hilton South Wharf
- Guest Room
  - 1 x King bed: $289
  - 1 x King bed, 1 breakfast incl.: $316
  - 1 x King bed, 2 breakfast incl.: $343

Check in: From 15:00
Check out: 12:00

Crown Metropol
- Standard Room
  - 1 x King bed: $310
  - 1 x King bed, 1 buffet breakfast & Premium in room Wi-Fi access: $343
  - 1 x King bed, 2 buffet breakfasts & Premium in room Wi-Fi Access: $376

Check in: From 14:00
Check out: 11:00

Crown Promenade
- Standard Room
  - 1 x King bed: $285
  - 1 x King bed, 1 buffet breakfast & Premium in room Wi-Fi access: $315
  - 1 x King bed, 2 buffet breakfasts & Premium in room Wi-Fi Access: $345

Check in: From 14:00
Check out: 11:00

Holiday Inn Melbourne on Flinders
- Superior Room
  - 1 x King bed: $225*
  - 1 x King bed, 1 breakfast incl.: $250
  - 1 x King bed, 2 breakfasts incl.: $275

Check in: From 14:00
Check out: 11:00

Pensione Hotel Melbourne
- Shoebox Room
  - 1 x Double bed, 1 breakfast incl.: $190
  - Rooms below include 2 breakfasts:
    - 1 x Double bed: $200
    - Pensione Twin: $220

Check in: From 15:00
Check out: 11:00

Adina Apartment Hotel Northbank
- One Bedroom Apartment
  - 1 x King bed: $215

Check in: From 14:00
Check out: 10:00

Internet access: 100MB complimentary for up to 4 devices. Unlimited 24 hour internet can be purchased for $9.95 for up to 4 devices.
GENERAL INFORMATION

Temperature
For the month of September, Melbourne's mean maximum temperature is 20°C; the mean minimum is 10°C.

Getting Around Melbourne
For information please visit the following websites: https://ptv.vic.gov.au
Taxi: Silver Top 03 8413 8111
Melbourne Cabs 03 9091 9435
13CABS

Dress Standards
The dress code throughout the Congress is smart casual. The dress code for the Gala Dinner is ‘Dress to Impress’

Smoking
The Congress and social functions are non-smoking.

Special Requirements
Please note any special requirements such as dietary requirements or mobility when registering for the Congress. All special requirements will be forwarded to the venue.

Assisted Hearing Devices
Most meeting rooms within the Convention Centre are equipped with a hearing assistance system. Visitors can borrow a lanyard-style induction loop receiver. This will work directly with hearing aids fitted with a T-switch or can be fitted with standard headbands. Pre-book a receiver by contacting Customer Service on 03 9235 8310 or emailing customerservice@mcec.com.au

They will require the following information:
• Date and time the receiver is required.
• Which rooms you plan to use the receiver (this service is not available in some rooms).
• Name of the borrower and contact telephone number.

Collection location is at the Convention Centre Customer Service desk, located at the Convention Centre Place entrance of the Convention Centre.

Congress Handbook with Abstracts
You can purchase a printed Congress Handbook by pre-order during the registration process.

Photography
While attending the Congress you may be photographed. By registering for the Congress you agree to these photographs being used for promotional purposes.

Privacy Policy
ICE complies with all legislation designed to protect the rights of the individual to privacy of their information, including the Privacy Act 1988 (Cth). Information collected with respect to your registration for participation in this meeting will only be used for the purposes of planning, conduct of the event or communication regarding future events. These details may be made available to parties directly related to the Congress, including (but not limited to) ICE, venues, accommodation and travel providers (for the purposes of room/travel bookings and conference options), key sponsors (subject to strict conditions) and other related parties as deemed necessary.

It is also usual practice to produce a ‘Delegate List’ of attendees at the Congress and to include the individual’s details in such a list. By completing the registration form, you acknowledge that the details supplied by you may be used for the above purposes. It is your responsibility to ensure that all information provided to International Conference & Events (ICE) is accurate and kept up to date.

To access or update your information, please email or fax the ICE Customer Service on customerservice@mcec.com.au or 02 9368 1200.

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MCEC is just a short walk from Melbourne’s central business district and a 20 minute drive from Melbourne Airport.

Cutting-edge technology, creative food and wine, and staff with the skills and experience to bring it all together. Visitors are often struck by the architectural brilliance of MCEC, which has won some of Australia’s most prestigious architecture and design awards.

Awards, MCEC connects you with everything you need for a successful event. This includes amazing spaces, leading technology, creative food and wine, and staff with the skills and experience to bring it all together. Visitors are often struck by the architectural brilliance of MCEC, which has won some of Australia’s most prestigious architecture and design awards.

The triangular form of the building relates to its site, a key focal point for Melbourne’s urban axis that runs through the Central Business District, Docklands and the Yarra River.

Car
Wilson Parking operates a 1060 space undercover carpark directly beneath the MCEC with entry via Normanby Road. Parking fees will apply. Additional parking station locations are identified on the Location and Accommodation Map on the following page.

Tram
The Free Tram Zone in Melbourne’s CBD makes it easy for commuters and tourists to move around the city. There are three tram routes that will stop within close proximity to MCEC – 96, 109, 12. Please note that the tram stop in front of MCEC is outside the Free Tram Zone and therefore a Myki card will be required. Refer to the Location and Accommodation Map on the following page for tram routes and the Free Tram Zone boundaries.

Bus
The SkyBus transports visitors directly from Melbourne Airport (Tullamarine) to Southern Cross Station. Southern Cross Station is approximately a 15 minute walk to MCEC.
Poor mental health among doctors has far-reaching effects. As well as the personal impact for the individual and those close to them, colleagues, peers and patients can also be affected.

Doctors experience a range of risk factors for anxiety and depression including heavy workloads, long working hours, shift work, work-effort imbalance, bullying and harassment in the workplace, abuse/mistreatment from patients and home-work stress.

Findings from the National Mental Health Survey of Doctors and Medical Students in 2013 suggests that 3.4 per cent of doctors are currently experiencing very high psychological distress compared to the wider community figure of 2.6 per cent, and one in ten doctors had suicidal thoughts in the past year.

To address these issues, beyondblue, in collaboration with the Mentally Healthy Workplace Alliance, has developed Heads Up. Heads Up is a resource that offers practical tools and advice, including information tailored to the medical profession, designed to assist hospitals and health services create mentally healthier workplaces.

To find out more about creating a mentally healthy service or how to look after your own mental health in the workplace, visit headsup.org.au/doctors